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August 2013



Enjoy "a Splash of Summer" at this year's Dover-Foxcroft Shiretown Homecoming

Why travel long distances to see medical specialists when Mayo can bring the specialists to you at local outpatient clinics?

• **Diabetes and Nutrition Center:** Monday through Friday, 8 a.m.-4 p.m., Medical Office Building, Suite 400. Call 564-4416.

• **Neurology (brain and nervous system):** Annette Goodman, D.O., second Monday of each month, Suite 500. Call 564-4470.

• **Oncology (cancer):** A. Merrill Garrett, M.D.; Elizabeth Dennis, D.O., Mayo oncology clinic open for chemotherapy treatments on Monday, Tuesday, Wednesday and Thursday; oncologist available the second Tuesday of each month, and Dr. Dennis available Tuesday afternoons. Call 564-4254.

• Orthotics and Prosthetics: Central Maine Orthotics & Prosthetics, first and third Wednesday of each month, Mayo Orthopaedics. Call 873-1131.

• **Pulmonology (respiratory system):** Robert Chavko, M.D. or Mounir Fertikh, M.D., every third Wednesday, Suite 500, 942-6096.

• **Rehabilitation medicine:** Peter Arabadjis, M.D., M.A., two Fridays each month, Mayo Physical Therapy Department. Call 973-8998.



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Medical specialists on Mayo's active staff:

• Cardiology (heart): Kathleen Harper, D.O., Mayo Practice Associates, Suite 400, 891 West Main Street, Dover-Foxcroft. Call 564-4207.

• **Obstetrics & Gynecology:** Kimberly Mays de Perez, M.D., Mayo Women's Health, Suite 500, 891 West Main St., Dover-Foxcroft, open Monday through Friday. Call 564-4470.

• **Ophthalmology (eye and vision care):** David Frasz, M.D., Family Eyecare, 1048 South St., Dover-Foxcroft, open Monday though Friday. Call 564-8441.

• Orthopaedics (musculoskeletal system): Richard Swett, M.D., Warren "Skip" MacDonald, M.D., Henry Jao, M.D., William Bisbee, PA-C, Nicole Kane, FNP, Mayo Orthopaedics, 43 Dwelley Ave., Dover-Foxcroft, open Monday through Friday. Call 564-8300.

• Otolaryngology (ear, nose and throat — head and neck surgery): Brian Miller, M.D., FACS, Mayo Surgical Associates, 891 West Main St., Dover-Foxcroft, 564-4466).

• **Pediatrics (children's health):** John Pearsall, M.D., Dover-Fox-croft Family Medicine, 564-4464.

• **Psychiatry (mental health):** Marjorie Snyder, M.D., Psychiatrist; Corabell Arps, M.D., Child and Adolescent Psychiatrist, Mayo Psychiatry and Counseling, High St., Dover-Foxcroft, 564-4110.

• General Surgery: Abhijit Shaligram, M.D., Mayo Surgical Associates, 891 West Main St., Dover-Foxcroft, open Monday through Friday, call 564-4466; and Richard A. Evans, M.D., 14 Winter St., Dover-Foxcroft, open Monday through Friday. Call 564-0715.

• Urology (genitourinary system): Ahmad Abed Elnoor, M.D., Mayo Surgical Associates, 891 West Main St., Dover-Foxcroft, 564-4466.







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Dover Homecoming

Dover Homecomi



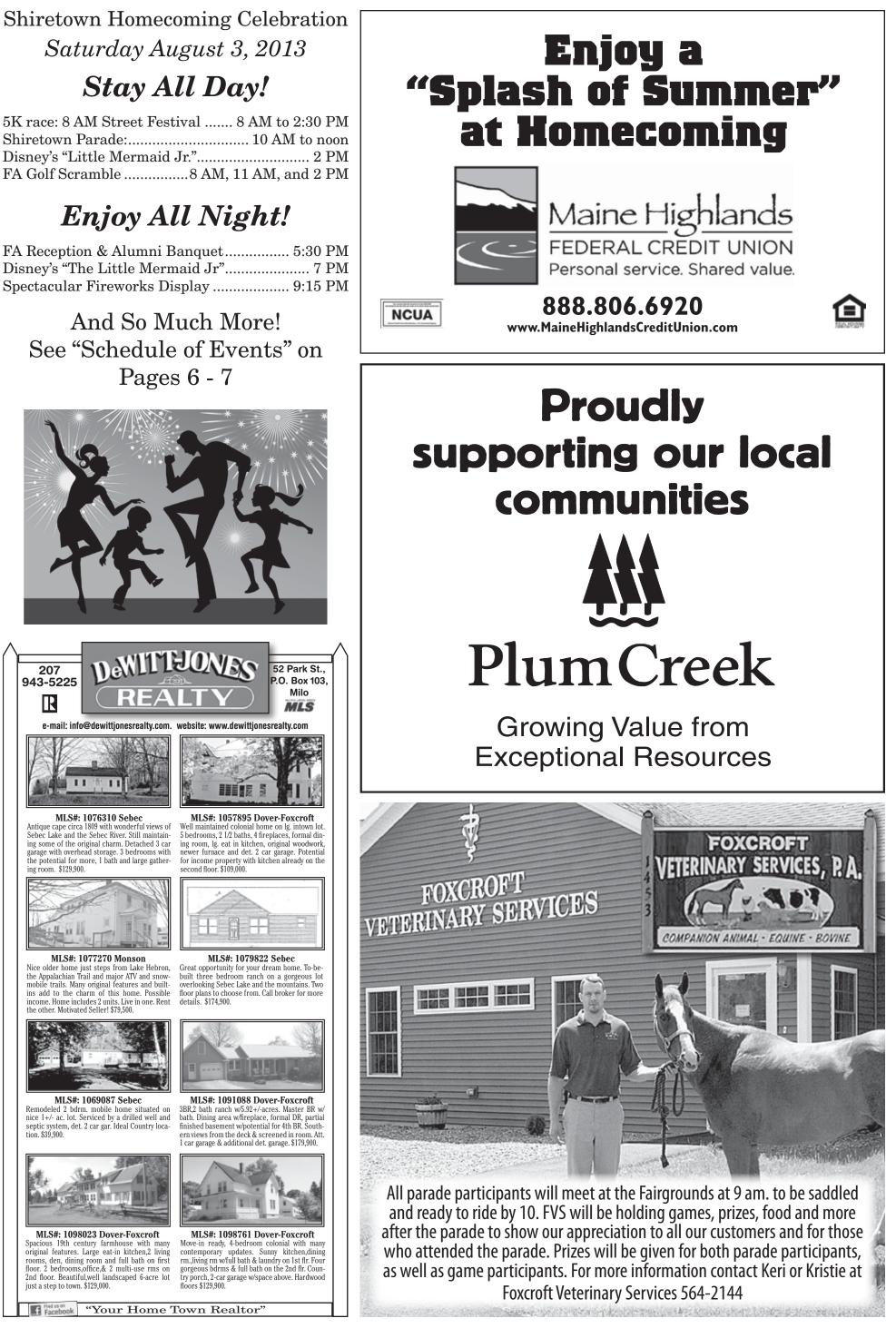
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ay,	August 3	Sunday, August 4
ft GC. Hal at	10:00 AM - Noon HOMECOMING PARADE Downtown Dover-Foxcroft 12:00 Noon – 1:30 PM FA Alumni Boys' and Girls' Basketball Game at SeDeMoCha Middle School. Call 343-1182 4:00 PM - 10:00 PM	8:00 AM – 10:00 AM Alumni Breakfast at Foxcroft Academy: Cost by Donation 2:00 PM — 3:30 PM Disney's The Little Mermaid Jr @ Center Theatre
dors, e! Sports	Kiwanis Club Concession Stand: Public Beach, Sebec Lake. Glow trinkets on sale. Music by Steve Pratt the Music Maker. 5:30 PM - 7:30 PM FA Reception and Alumni Banquet: \$15. 7:00 PM - 8:30 PM Disney's The Little Mermaid Jr @ Center Theatre	Spencer's Spencer's Bakery & Cafe While in Town for Dover Foxcroft Homecoming Stop in for a Home-Cooked Breakfast! West Main St. Dover-Foxcroft = 564-6911 = Fax: 564-6910
	9:15 PM - 10:15 PM SPECTACULAR FIREWORKS! Sebec Lake Public Beach. Shuttle rides from fairgrounds and Center Theatre at 8 & 8:30	HOMEMADE ICE CREAM made on the premises the way it has been for over 50 years! Soft Serve & Hard Serve Try our LOBSTER ROLL! Only \$8.95 Burgers, Hot Dogs, Fries, & so much more! Open 11:30 AM daily Noon on Sundays
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Dover Homecoming







Dover Homecoming



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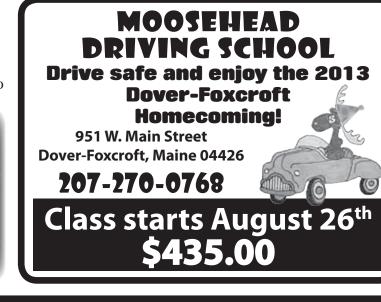
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National Health Center Week August 11 - 17, 2013

SCHEDULE OF EVENTS

Pittsfield Date: Monday, August 12th What: Family Wellness Walk Time: 6:00pm – 7:00pm Address: 140 Chandler Street Pittsfield, ME 04967

Dexter Date: Wednesday, August 14th

What: Dental Spotlight

Time: 10:00am – 2:00pm

Address: 29 Church Street

Dexter, ME 04930

Drop off at your local

Sebasticook Family Doctors or mail to:

118 Moosehead Trail, Suite 5

Newport, ME 04953

Canaan Date: Tuesday, August 13th What: Equine Therapy Educatio. Time: 10:00am – 2:00pm Address: 333 Main Street Canaan, ME 04924

Date: Thursday, August 15th What: Coloring Contest Winners Time: 10:30am – Noon Address: 118 Moosehead Trail, Suite 5

Newport

Newport, ME 04953 Dover Foxcroft th Date: Friday, August 16th What: Medicare Wellness Time: 10:00am – 2:00pm Address: 1008 West Main Str

 0pm
 Time: 10:00am - 2:00pm

 Street
 Address: 1008 West Main Street

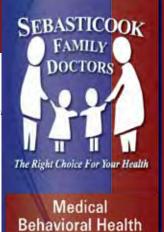
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 Dover Foxcroft, ME 04426

 COLORING CONTEST
 Winning Prizes Include:

inning Prizes Include: *Backpacks *Lunch Boxes *School Supplies

All participants will receive a prize! Coloring Contest Entry Form can be download on our website or picked up at one of our locations.

EDUCATIONAL INFORMATION Health Insurance Marketplace * 340B Discount Drug Program Sliding Scale * Patient Portal Please call 1-866-364-1366 for more information



Dental

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Support Homecoming and enjoy yourself all year long! <u>Save The Dates</u>:

9th Annual Haunted House!

Stay Tuned for some new and exciting changes! Save the date for Frights, Fun and a Scary Good Time! October 18th, 19th, 26th, 27th 2013

Annual Maple Breakfast! March 23rd, 2014

It's a Piscataquis County Tradition! Come to the Maple Breakfast, have a great meal and see your friends at the end of a long winter. **7am-10am**





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