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Your HomeTown AdVantage

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Photography by S. L. Taylor

S. L. Taylor Photo

**Help Wanted
Pages 16 & 17**

**50th Annual Meeting
to celebrate our
50th Anniversary!**

Monday, April 18, 6:00pm
at Factory One, Lincoln St., Dexter
RSVP by April 11. See Details on the Back Cover



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Continued on Page 4

House enacts broadband bill with strong bipartisan support

AUGUSTA – An economic development bill to expand broadband access in rural Maine won final House approval with broad bipartisan support last week.

The enactment vote was 109-35 on LD 826, "An Act to Promote Maine's Economic Development and Critical Communications for Rural Farms, Businesses and Residence by Strategic Public Investments in High-speed Internet." All Democrats present supported the measure, as did 31 Republicans and three independents. Thirty-four Republicans and one independent voted against the bill.

Rep. Norman Higgins of Dover-Foxcroft – who testified in favor of the bill on the House floor – and Rep. Paul Stearns of Guilford voted in favor of the bill while Rep. Raymond Wallace of Dexter voted "no."

LD 826 provides \$1 million from the General Fund annually to the ConnectME Authority, which is charged with facilitating universal availability of broadband in the state. It would bring total annual funding for ConnectME up to \$2.2 million.

"I'm proud of the House for standing as one Maine today to support economic development and prosperity for our entire

state. This strong vote shows that we understand that business goes – and stays – where it's wanted," said Rep. Robert Saucier, D-Presque Isle, who is sponsoring the bill with the backing of the Aroostook County Farm Bureau and the Maine Farm Bureau. "High-speed, high-capacity Internet access is as much of a business necessity as decent roads and reliable electricity – no matter where you are in Maine."

The state's primary fiber-optic network, called the Three-Ring Binder, consists of three loops in southern, northern and Downeast Maine.

But many Maine communities, homes and businesses remain unconnected to this 1,100-mile long broadband interstate and will not be able to make use of it until the rest of the network – the off-ramps and local road off the interstate – are in place.

Eighty percent of Maine households are underserved in terms of broadband, and some have no access at all. Adequate access is definite as speeds of 10 mbps for both uploading and downloading, the type of speed needed to videoconferencing, take an online class or share files with colleagues and clients.

Greenville grants for Micro-Enterprise still moving forward

by Mike Lange
GREENVILLE – When it comes to successful Community Development Block Grant applications, the town of Greenville is on a roll.

Following two public hearings March 16 on new applications from Porter's Garage and Maine Mountain Soap and Candle, town officials and the Piscataquis County Economic Development Council are hoping that the streak will continue.

"Four out of the last five Micro-Enterprise Assistance Grants from Greenville businesses have been approved," said PEDEC Executive Director Christopher Winstead. "I thought last week's public hearings went very well. I heard a lot of positive comments."

Micro-Enterprise Grants are "forgivable" loans of up to \$50,000 designed specifically for small businesses. Porter's Garage is seeking the funds for insulation, paint, siding, new windows and overhead doors. Maine Mountain Soap and Candle had applied for the grant to purchase a transport van, an updated computer system, new signage for the front of the building and additional base materials for creating their products.

But a problem cropped up with both applicants early in the process because Selectman Josh Brown owns Maine Mountain Soap and Candle and Richard Peat, chairman of the Board of Selectmen, works at Porter's Garage.

However, the Department of Economic and Community Development granted a waiver on the conflict-of-interest clause, according to Town Manager

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Let the conversation begin

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Symbolizing the potential of all children

Y organizes "Zoe for President in 2064"

DOVER-FOXCROFT - The YMCA of the USA (YUSA) and the Piscataquis Regional YMCA launched Zoe for President, a campaign to elect a one-year-old girl as our nation's Commander in Chief...in 2064. The campaign highlights the potential the Y sees in all kids to grow up and change the world if they're nurtured properly and supported along the way. Through Y initiatives like childcare, academic enrichment, mentorship, college prep, job training, and more, kids have the opportunities to succeed, grow, and one day, maybe even become president. The Y aims to impart the values of what it means to achieve—how hard work, determination, perseverance and character can drive someone to success beyond what they thought possible.

Like all candidates, Zoe has her own campaign website, ZoeForPresident.net, where users can donate to her campaign, watch videos to learn her stance on issues and shop for swag. When

users donate to Zoe's campaign, they are donating to their local Y and supporting the programs and services that enable kids like Zoe to thrive from childhood through retirement.

"While Zoe for President is a breath of fresh air during a heated campaign cycle, every child—regardless of background—needs support and guidance to reach their full potential," said Kevin Washington, president and CEO, YMCA of the USA. "Zoe's campaign addresses actual issues that America's communities are faced with each day like access to early childhood education, safe space, meal assistance, and the Y's role in solving the challenges head on."

"The Y works to ensure all kids have the support they need to achieve their full potential," said Rod Willey, the PR YMCA's Executive Director. "We work in our community to provide services addressing the needs of all children."

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Parkman Daddy Daughter Dance and other Parkman news

PARKMAN - The Parkman Grange will be starting their spring events with the 4th Annual Daddy Daughter Dance on Saturday, April 9 from 6 - 8 p.m. at the hall located at the 4 corners of Parkman. This event is for girls age 13 and under and their father figures. Tickets are \$5 per person and will be available at the door. A DJ will be spinning tunes and running dance contests. Light refreshments will be served and door prizes given away. Keepsake photos will be taken to remember the evening.

In other Parkman news, Minnie Bridge scholarship applications are now available at the Parkman Town Office. \$500 scholarships will be given to Parkman residents who have completed one year of higher education.

They are also taking reservations for their 16th annual Mother's Day Tea on Saturday, May 7 from 10 a.m. to noon. Tickets are \$5. Call Sue Manchester 277-3942

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Sunday - APRIL 3rd, 2016
7:00 am to 10:00 am at the
****Foxcroft Academy Gymnasium****

MENU
Pancakes
(with Maple Syrup donated by Bob's Sugar House in Dover-Foxcroft)
Scrambled Eggs
Bacon | Sausage
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Proceeds will go towards
Future Homecoming Festivities
Fox 22's JR Mitchell will be helping flip pancakes!
Sponsored by:
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Contact:
Will Wedge 564-3246, Breakfast Chair for more information.

Prices
Adults — \$6.00
Seniors 65 and older, plus children ten and under—\$5.00
Immediate Family (up to six members) — \$25.00
50/50 raffle \$1 each or 6 for \$5.00

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Desserts - Cheesecake, Strawberry Shortcake, Carrot Cake and more!

PLUS: Kids Menu Available
Reservations Suggested but NOT Required



Happy Birthday,
Greg!



*On March 28 say
hello, to a birthday
guy you all know!*

Dover-Foxcroft couple giving away 1880's Farmhouse B&B in essay contest

DOVER-FOXCROFT - Empty nesters Dennis & Chris Aplanalp originally from the West Coast, have owned and operated Freedom House B and B for nearly 13 years. After the birth of their ninth grandchild, Chris and Dennis are wanting to spend more quality time with their children and grandchildren and have decided to retire. This essay contest is a unique way to share a dream of theirs with someone else.

Knowing how pricey it might be for some folks to buy the property, that's outfitted with three upstairs bedrooms, a cottage with four separate rooms, and a living quarters for new purchasers, they felt a 200 word or less essay option made sense. "What a fun and out of the box way to let

people that maybe wouldn't have the income to purchase a place like this," explained Chris.

A modest entry fee of \$150.00 (US Funds) and an Essay of 200 words or less can win you this beautiful farmhouse style bed and breakfast located in the center of Dover-Foxcroft, ME, walking distance to shops, theater, restaurants, banks, courthouses and many more. Just think, you can fulfill a dream for the cost of a night's stay in a beautiful bed and breakfast.

The essay shall address the theme with the opening line "I would like to own and operate a beautiful bed and breakfast, like Freedom House B and B ...". Essays shall be judged on the basis of originality, wit, inspiration, creativity, expression of thought, human interest and the conveyance of a genuine desire to run a bed and breakfast.

The contest will run from March 1st 2016 - September 19th 2016.

Find out more about the property and see photos: <http://winbedandbreakfast.com/prize-property/>

For questions/quotes or more information - please email PR@winbedandbreakfast.com

Greenville Grant from Page 1

John Simko, Brown and Peat have consistently abstained from voting on any motion related to the CDBG application and Simko pointed out that there is "no competitive advantage for any member of the Board of Selectmen to seek these funds. To (this) date, the board has approved every letter of intent or full application sought in the town's name for these business assistance funds."

According to the minutes of the hearing, Northwood's Gourmet Girl owner Abby Freethy - who received a Micro-Enterprise Assistance Grant two years ago - noted that the application process includes "a human element." She explained that when she applied, she met with DECD officials and explained the "story of her business" from start to finish.

Brown added that soon after the town submitted its letter of intent for his business, he received a call from a DECD official, who also asked him to explain the history of his company as well.

Instead noted that federal funds are going to be tight this year and that businesses that want to apply for grants in 2017 "should start preparing now and have their applications in by the first of the year."

The CDBG program is funded by the Department of Housing and Urban Development and administered by the Maine DECD and regional economic development councils.

The PCEDEC director said that only \$700,000 has been allocated by the feds for Micro-Enterprise Assistance Grants in Maine this year. "So the competition will be pretty intense," he said.

Winstead can be contacted at 564-3638 or at christopher.winstead@pcedc.org.

March is

Colorectal Cancer Awareness Month

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Energy-saving window inserts now available in Dover-Foxcroft

DOVER-FOXCROFT — Homeowners, landlords and renters in the Dover-Foxcroft area can now sign up for low cost, energy-saving window inserts from the WindowDressers Community Build Program in Dover-Foxcroft.

Inserts provide an affordable solution to a common problem in many Maine homes: drafty energy-sucking windows. The volunteer-made interior storm window inserts warm homes and help people save money on heating. Homeowners can see fuel savings of up to 25% or more, depending on the other insulation factors in the home.

WindowDressers is a Rockland based non-profit organization producing low cost insulating window inserts at Community Builds throughout Maine. Inspired by the barn-raising model, its mission is to bring community volunteers together with the common purpose of fabricating affordable window inserts that provide warmth,

lower heating costs, and lower CO2 emissions.

Now in its second year, this year's Dover-Foxcroft Community Build is possible through volunteer efforts and partnerships with the Maine Highlands Senior Center and the Thriving in Place Coalition. Inserts are custom measured and cut, then wrapped with clear polyolefin film and shrunk drum-tight on both sides to create clear viewing through an insulating dead-air space. Foam weather stripping around the outer edges stops drafts and gives the insert a clean custom fit. The inserts have pine frames and are installed from the inside of windows. They are estimated to have an R factor approaching 3. With reasonable care, they can be re-used year after year.

The cost of inserts is based on the size of the window and the choice of finish (natural pine or white). For instance, the price for a 32" x 51" insert in pine is \$23.44 including tax, and for white,

\$28.01. WindowDressers has a goal of reserving 22% of its annual insert production for low-income households. These customers can receive up to ten windows for a requested contribution of \$10 in total.

Teams of volunteers will begin measuring windows in April. The inserts will be produced at a Community Build November 14th through 18th. The number of homes taken on by the local Community Build is limited to about 30, so interested households should not delay.

To sign up to have a volunteer team measure your windows for inserts, go to www.windowdressers.org and fill out the Contact Form. You can also call (207) 596-3073. A local measuring team will call you to make an appointment. If you'd like to get more involved with the Dover-Foxcroft Community Build, you can email info@ren.com.

DEXTER REC SIGN-UPS

GIRLS SOFTBALL GRADES 3-6
TUESDAY, APRIL 5, 5 - 6:30 PM
 BOYS BASEBALL AGES 8-12
THURSDAY, APRIL 7, 5 - 6:30 PM
BOTH HELD AT THE TOWN HALL, DEXTER
CANNOT TURN 13 BEFORE MAY 1
IN ORDER TO PLAY LITTLE LEAGUE
\$15 PROGRAM FEE - 270-0195

Holy Week and Easter Schedule at Our Lady of the Snows and St Agnes Catholic Parishes

Holy Thursday, March 24 – The Mass of the Lord's Supper
 6:30 pm at St Thomas Aquinas, Dover-Foxcroft
 6:30 pm at St Agnes, Pittsfield

Good Friday Service, March 25 – The Passion of the Lord
 6:30 pm at St Thomas Aquinas, Dover-Foxcroft
 6:30 pm at St Agnes, Pittsfield

Easter Vigil, Sat March 26 – The Mass of the Resurrection
7:30 pm at St Anne in Dexter

We begin in darkness, still keeping vigil at the Tomb. Then with Fire & Water, Candles & Incense we read the Word, break the Bread, and proclaim the Resurrection of the Lord!

Easter Morning Masses

8:00 am at St Agnes, Pittsfield • 8:30 am at St Thomas, Dover-Foxcroft
 10:30 am at St Agnes, Pittsfield • 11:00 am at St Francis & Paul, Milo

All are Welcome!

For directions, please see our website: ourlady-me.org, or call the parish office 924-7104, Monday - Thurs 9 am-2 pm for more information.

Let EVERYONE Know Use The Eastern Gazette

2016 MAINE FISHING REGULATIONS

This is not a legal presentation. See regulations booklet for full details.

GENERAL LAW
 General Law applies unless otherwise specified by individual water or country restrictions. Please refer to individual waters for more detail.

The daily bag, possession and minimum length limits apply to waters open to fishing that DO NOT have special rules unless otherwise noted. See 2016 Regulations at <http://www.maine.gov/education>

LANDLOCKED SALMON, TROUT, TOGUE (LAKE TROUT)

DAILY BAG & POSSESSION LIMITS:	MINIMUM LENGTH LIMIT	
	Lakes & Ponds	Rivers, Brooks, Streams
5 Brook Trout & Inclusion Splake and Arctic Char	6 inches	6 inches
2 Landlocked Salmon	14 inches	14 inches
2 Togue (Lake Trout)	18 inches	18 inches
2 Brown Trout	14 inches	6 inches
2 Rainbow Trout	12 inches	6 inches

The term "trout" when used alone includes brook trout, brown trout, rainbow trout, splake and Arctic Char (Sunapee trout and blackback trout).
 The term "brook trout" also includes splake and Arctic Char (Sunapee Trout and Blueback Trout).

A Important: From August 16 - September 30, fishing on rivers, brooks, and streams downstream is restricted to the use of artificial lures only and the combined daily bag limit for trout, landlocked salmon, trout and togue: 1 fish. It is important, on lakes and ponds in Androscoggin, Cumberland, Franklin, Hancock, Kennebec, Knox, Lincoln, Oxford, Penobscot, Sagadahoc, Waldo, Washington and York counties the daily bag limit on brook trout is 2 fish. In Kennebec and Washington Counties - the maximum length limit on brook trout and brown trout is 25 inches. Several lakes in each county are exempt from this rule. Please refer to 2016 regulations for more info.

OTHER SPECIES

SPECIES:	DAILY BAG LIMIT	MINIMUM LENGTH LIMIT
Bass	2 fish	10 inches, only 1 exceeding 14 inches
Pickering	10 fish	None
Whitefish	3 fish	None
Smelt	2 quarts	None (see 2016 Laws & Definitions)
Northern Pike	Unlimited	None
Muskellunge	Unlimited	None
American Eel	25 fish	9 inches
Shad	2 fish	None
Striped Bass	1 fish	20 inches
Atlantic Salmon	Federally Endangered Species – No Fishing Permitted	
Alewives	25 fish	None
Species not listed above	Unlimited	None

**Refer to <http://www.maine.gov/education/regulations.htm> for species below head of tide.*

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Beef Boneless London Broil Steak \$3.68 lb.
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FROZEN Haddock Fillets \$19.98 5 Lb. Box

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PRINCE 12-16 Oz. Pasta	5/\$5	CHEF BOYARDEE 14.5-15 Oz. Pasta	5/\$5
GATORADE 32 Oz. Thirst Quencher	5/\$5	HUNTS 13 Oz. Snack Pack	5/\$5
FRANCESCO RINALDI 23.5-24 Oz. Pasta Sauce	5/\$5	IGA 4 Bath Tissue	5/\$5
RICE A RONI 4.1-7.2 Oz. Sides	5/\$5	IGA 14.5 Ct. Select 3 Size Paper Towels	5/\$5
IGA 5 Oz. In Water White Tuna	5/\$5	DAWN 9 Oz. Dish Liquid	5/\$5
WISHBONE 8 Oz. Salad Dressing	5/\$5	IGA 20 Oz. Yellow Mustard	5/\$5
BEST VALUE 64 Oz. Apple Juice Cocktail	5/\$5	BANQUET 4.85-11.8 Oz. Pot/Pies Meals	5/\$5

DEUTSCHMACHER Honey Ham \$3.88 lb.
RUSSER Wunderbar German Bologna \$2.68 lb.

CAPRI SUN OR KOOL AID JAMMERS 10 Pack Drinks 2/\$6
INTERNATIONAL DELIGHT 16 Oz. Flavored Coffee \$5.98 lb.
Dell Sliced Swiss Cheese \$5.98 lb.

POLAND SPRING 5 L Spring Water \$3.99
CABOT 8 Oz. Shredded or Bar Cheese 2/\$5
FLORIDA'S NATURAL 59 Oz. Orange Juice 2/\$5
GRAVY TRAIN 14 Lb. Bag Dog Food \$7.99
IGA 12 Pack Soda 2/\$6
COLORX 55-64 Oz. Bleach 2/\$5
IGA 28 Oz. Baked Beans 2/\$3

PRICES GOOD FROM MARCH 27TH THROUGH APRIL 2ND. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS. FIND US ON FACEBOOK.

Happy Easter. Open all day 8 am - 7 pm on Easter Sunday!

FRESHLY GROUND FAMILY PACK Ground Chuck \$3.98 5 Lbs. Or More
Beef Boneless Sirloin Roast \$1.88 lb.
Beef Boneless London Broil Steak \$3.68 lb.
GREAT LAKES SLICED American Cheese \$7.98 3 Lb. Block
FROZEN Haddock Fillets \$19.98 5 Lb. Box

Beef Chuck Boneless Chuck Roast \$3.88 lb.
Beef Chuck Boneless Chuck Steak \$3.98 lb.
Boneless Pork Sirloin Roast \$1.88 lb.
Boneless Pork Sirloin Cutlets \$2.18 lb.
Boneless Pork Country Style Spare Ribs \$2.18 lb.
Boneless Skinnless Chicken Tenders \$2.38 lb. 5 Lbs. Or More
Fresh Family Pack Chicken Drumsticks 68¢ lb. 40 Lb. Box **\$19.98**

FOX-CROFT

VETERINARY SERVICES

2016 Annual Equine Continuing Education

March 26th • 8:00 AM - 12:00 PM
 Center Theatre 20 Main Street
 Dover-Foxcroft, ME 04426

**Open to the Public! Everyone is invited,
 you do not have to be a FVS client to attend!**

Schedule

- 8am - 8:30am Coffee, Snacks & Introduction
- 8:30am - 9:30am Gayle Reverso, Nutrena Equine Specialist Nutrition, feeding management and how to avoid ulcers
- 9:30am - 9:45am Break/Games
- 10:30am - 11am Daniel Heon, Senior Territory Business Manager, 10 Things your veterinarian wants you to know
- 11am - 11:15am Break/Games
- 11:15am - 12pm Dennis Rukiszyn, Colic - Why & How, A look into the glass horse
- 12pm - 12:15pm Break/Games
- 12:15pm - 12:30pm Deb McKay, 4R Animal Shelter
- 12:30pm - 1pm Break/Games/CE Clean-up
- 1pm - 2:30pm Unbranded Movie, Rated PG-13, Movie is free to public, Snacks will be for sale at the concessions stand during movie

**Games
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SVH Diabetes and Nutrition services announces new location

PITTSFIELD - Sebastiook Valley Health's Diabetes and Nutrition services have moved to their new location at 167 Leighton Street.

"The move increased our space, allowing more privacy and comfort for our patients," states Ev Jackson, Director. "We have areas available for one-on-one sessions as well as group sessions with our patients."

The service line has expanded to better serve the community. Dr. Celeste Quianzon, MD has joined the team, she is an Endocrinologist who specializes in treatment and management of diabetes mellitus, general endocrine disorders and calcium and bone disorders. She is now part of the Sebastiook team

thanks to a partnership with Redington Fairview Hospital. Dr. Quianzon complements the existing expertise from Certified Diabetes Educators (CDE)/Certified Family Nurse Practitioner (CFNP) for a comprehensive Diabetes Management Program that is nationally accredited by the American Association of Diabetes Educators.

The department also has a team of Registered Dietitian Nutritionists (RDN) that specializes in Medical Nutrition Therapy support for Pediatrics to Geriatrics. "We look forward to partnering in the care of our patients in our community here/near Pittsfield!" states Ev Jackson, RDN, LD, Director.

Gun Show at new location

NEWPORT - This year the Big Pine Gun Club will be holding it's 8th annual gun show at a new location on April 2 and 3 at 9 a.m. - 5 p.m. on Saturday and 9 a.m. to 2 p.m. on Sunday. The new site will be the Newport Public Works building on Cemetery Road in Newport.

The new venue has a lot more parking and the building size has increased the amount of space for vendors to display their guns and accessories for all enthusiasts.

Another feature of the gun show is the gun raffle of three guns, valued at almost \$1500. Boy scouts will have food and drinks available at their booth.

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Cultivating Our Community at the East Sangerville Grange

SANGERVILLE - The Piscataquis County Soil and Water Conservation District and the East Sangerville Grange are partnering with the Piscataquis County Economic Development Council and the UMaine Cooperative Extension Piscataquis County to bring together a line up for the 2016 Cultivating Our Community: From Cupboards to Cafes - Solutions to Bring Your Farm to Everyone's Table.

The event will be held at the East Sangerville Grange on Saturday, April 9, starting at 10 a.m. Event organizers have put together a line-up of presenters, including Shannon Grimes of Maine Farmland Trust, Nancy Perry of Good Shepherd Food Bank, Jim McConnan of UMaine Cooperative Extension and Linda Titus of AgeMatters LLC. These wonderful presenters will discuss topics such as developing creative

ways to expand food access, food bank programs aimed to purchase food from farms, marketing tips for success, and how to become GAP certified. Together they will present information that will provide event attendees with a well-rounded view of markets in the area, issues and solutions surrounding access to these markets, and a variety of new programs and opportunities available to agricultural producers in Maine.

Event attendees will have the option to come to all or some of the sessions and then "mingle" at a Market Mixer starting at 3:30 p.m. The Market Mixer is sponsored by the Piscataquis County Economic Development Council (PCEDC) and is an opportunity for folks to chat with representatives from business, organizations and programs all around our state and learn about a variety of new markets and

potential income avenues. People who attend will get a chance to hear presentations, enjoy lunch from Stutzman's farm and mixer snacks from Spruce Mill Farm & Kitchen. During the lunch and networking session, event participants will get a chance to hear from local eateries and how they source local food.

Anyone planning to attend the 2016 Cultivating Our Community: From Cupboards to Cafes: Solutions to Bring Your Farm to Everyone's Table should RSVP to the Piscataquis County Soil and Water Conservation District, 564-2321 ext. 3, info@piscataquisswd.org. There is a minimal registration fee for this event, which will be collected at the door. The registration fee covers access to all the presentations, lunch and the Market Mixer.

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	Ham Dinner, Potatoes, Vegetable, Roll	\$10.99
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Wednesday	Shrimp Dinner, French Fries, Cole Slaw	\$5.99
Thursday	Meat Loaf, Potatoes, Vegetable, Roll	\$7.99

15 Stetson Rd., Corinna 278-2799 • Tue. - Sun. 7 am - 2 pm (Closed Mondays) Fri. 7 am - 8 pm

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MEOC Upcoming Events

The Maine Educational Opportunity Center will be hosting FREE workshops entitled Essentials of College Planning for adults 19 & over at the following times and locations:

Penquis Higher Education Center, 50 Mayo Street, on Thursday, April 14 and 28 at 1 p.m.
 To register or for more information, call 1-800-281-3703 or visit us on the web at <http://mesc.maine.edu>.
 Services Provided include GED/SAT Preparation, College Planning, Referrals/Advocacy, Career Advising, Financial Aid Advising, College Admissions Process and Application Fee Waivers for Qualified Adults. All MEOC services are free.

How to Participate
 The starting point for all MEOC participants is The Essentials of College Planning, a FREE interactive workshop that outlines the four steps in the college process: admissions, financial aid, career planning, and study skills. The workshop lasts approximately 2 - 3 hours. Pre-registration is required.

All workshops are subject to change. For more information or to register call: 1-800-281-3703

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 Saturday, March 26 - Riff Johnson

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COMPASS is primarily intended as a free of charge listing of special events sponsored by local volunteer civic, literary, fraternal, service and religious organizations. Listings should be 30 words or less. E-mail items to compass@easterngazette.com; or mail to The Eastern Gazette, 97 Church Street, Dexter ME 04930; or drop them off at our Dexter office. The DEADLINE FOR COMPASS ITEMS IS MONDAY at 5 pm.

FRIDAY, MARCH 25

RIPLEY UNITED METHODIST CHURCH - 12 W. Ripley Rd. Good Friday Service.

PARK STREET UNITED METHODIST CHURCH - Good Friday service at Brownville Jet UMC, Front St.

FOURTH FRIDAY FUN NIGHT - Garland Community Center. Board Games, active games, crafts. 6:30 - 8 PM. 808-1343.

OUR LADY OF THE SNOWS & ST. AGNES CATHOLIC PARISHES - Good Friday Services. The Passion of the Lord. 6:30 PM at St. Thomas Aquinas, Dover-Foxcroft. 6:30 PM at St. Agnes, Pittsfield.

SATURDAY, MARCH 26

EASTER DESSERT PIE SALE - United Methodist Church of Dover-Foxcroft. 9 AM. Until all pies are sold. \$10. 564-8013.

DDATT INTRODUCTION TO ERMAH GE - Abbott Memorial Library, Dexter. 11 AM.

OUR LADY OF THE SNOWS & ST. AGNES CATHOLIC PARISHES - St. Anne, Dexter. 7:30 PM.

SUNDAY, MARCH 27

RIPLEY UNITED METHODIST CHURCH - 12 W. Ripley Rd. Easter Sunday Service 11 AM.

CAMBRIDGE BAPTIST CHURCH - Easter Sunrise service & breakfast. 6 AM. 277-3234.

PARK STREET UNITED METHODIST CHURCH - Milo. Easter Sunrise Service with breakfast following. 6:30 AM. 10 AM worship.

UNITARIAN UNIVERSALIST CHURCH OF SANGERVILLE & DOVER-FOXCROFT - Main St., Sangerville. Speaker Cheryl Crabtree. 9:30 AM.

GARLAND COMMUNITY BAPTIST CHURCH - 9 AM Breakfast, 10 AM Worship with Easter Program. 924-6475.

BROWNVILLE COMMUNITY CHURCH - Easter Service. Breakfast 8 AM, Worship 9 AM.

NAZARENE CHURCH - 1304 Dexter Rd, Dover-Foxcroft. Community Sunrise Service. 6:15 AM. Pastor Mark Stevens. LaBlanc's 564-3924.

OUR LADY OF THE SNOWS & ST. AGNES CATHOLIC PARISHES - 8 AM St. Agnes, Pittsfield. 8:30 AM St. Thomas, Dover-Foxcroft. 10:30 AM St. Agnes, Pittsfield. 11 AM St. Francis & Paul, Milo.

TUESDAY, MARCH 29

NAMI FAMILY & FRIENDS SUPPORT GROUP - Borestone Room, Mayo Regional Hospital, Dover-Foxcroft. Every 2nd Tuesday of the month. 6:30 - 8 PM. 924-7903 or 564-2393.

CENTRAL MAINE TRAIL BLAZERS - Cafeteria at Corinna Elementary School, Stetson Rd. 7 PM. No Potluck. Sue Stratton 278-4157.

SATURDAY, APRIL 2

BIG PINE GUN & KNIFE SHOW - Public Works Dept., Cemetery Rd., Newport. 9 AM - 5 PM.

MAPLE SUNDAY BRUNCH - Shirley Community Church. 11 AM - 1 PM. Baker's Maple Syrup.

EAST SANGERVILLE GRANGE COFFEE HOUSE - Tom Deane performances. Show at 7 PM. \$12.

VENDOR CRAFT & BAKE SALE - Morton Ave Gym, Dover-Foxcroft. 10 AM - 2 PM. To benefit Autism Society of Maine.

MEAT LOAF & MASHED POTATOES - LaGrange Full Gospel Assembly Linda's Food Cupboard. 4:30 PM Supper, Singpiration after. 285-3825.

SUNDAY, APRIL 3

HIGH SCHOOL ART SHOW - Dover-Foxcroft Congregational Church Hall, West Main St. 1:30 - 3:30 PM. All invited.

ST. AGNES CATHOLIC CHURCH - Detroit Ave., Pittsfield. Sunday Afternoon Prayer Service. 2:30 - 3:30 PM. Connie 278-5430.

THE HIGHLANDS CLASSICAL TRIO PERFORMANCE - Sangerville U. U. Church 3 PM.

TUESDAY, APRIL 5

MOUNT KATAHDIN SENIOR CITIZENS MEETING - Brownville Community Church Hall. Leslie Lizotte. Noon.

WEDNESDAY, APRIL 6

ST. AGNES PARISH - 238 Detroit St., Pittsfield. 6 - 6:45 PM. Adoration of The Holy Eucharist in Church. 7 PM St. Agnes Ladies Guild monthly Meeting in Church Hall.

SATURDAY, APRIL 9

CHINESE AUCTION - Harmony Elementary School. Drawing 1 PM. All Proceeds to Harmony Elementary class trip.

SUNDAY, APRIL 10

THE HIGHLANDS CLASSICAL TRIO PERFORMANCE - Park St. Methodist Church, Milo. 4 PM.

TUESDAY, APRIL 12

PENQUIN BEEKEEPERS MEETING - VFW, Cedar St., Dexter. 7 PM. 924-3342.

SATURDAY, APRIL 16

AMERICAN LEGION MEETING & ELECTION - Chadbourne-Merrill Post 29, Post Home, Dover-Foxcroft. Noon lunch, 1 PM meeting.

SUNDAY, APRIL 17

THE HIGHLANDS CLASSICAL TRIO PERFORMANCE - Dexter Baptist Church. 4 PM.

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DR. ROBERT LODATO, M.D.

Pharmaceuticals for osteoporosis

by Beth Ranagan
DEXTER - Many adults choose to take one of several pharmaceuticals as prescribed by their physicians to treat their osteoporosis. Most of these drugs are designed to maintain bone density by slowing the breakdown of bone and to decrease the risk of bone fractures due to osteoporosis. Although use of the commonly known bisphosphonate drugs, such as Fosamax, have served this purpose for many people, the risk of very unpleasant and sometimes debilitating side effects have made their use troublesome for others. Which pharmaceutical to choose, if one chooses a drug at all, is a very personal decision based on the severity of the osteoporosis, the convenience of the dosing schedule, cost, and the risk of possibly serious, long-term side effects. Taking a pharmaceutical does not negate the need to do weight-bearing exercises, quit smoking, limit alcohol consumption, and eat a diet rich in calcium, minerals, and Vitamin D.

At 12 noon on April 1 at the Abbott Memorial Library in Dexter, Dr. Robert Lodato, M.D., will address the advantages and disadvantages of the six main

types of osteoporosis medications as well as the pros and cons of taking pharmaceuticals for this condition. Dr. Lodato is particularly well-suited for this presentation because of his experience in pharmacy as well as his medical degree. He graduated from the University of Medicine and Dentistry in New Jersey in 1986. His internship was at the University of Michigan, and he graduated from a residency in (Adult) Internal Medicine at Madigan Army Medical Center in 1991. After practicing in Fort Hood, Texas for two years, he moved to Maine and has been working for Mayo Regional Hospital at Dexter Internal Medicine since then. Besides his expertise in medications, Dr. Lodato has a particular interest in using food to maintain health as well as prevent and reverse disease.

Please join the Skeleton Crew on April 1 at noon for Dr. Lodato's very important presentation. For more information, call Liz Breault at Abbott Memorial Library (924-7292). A lunch rich in calcium and magnesium conducive to bone health will be available free of charge.

The Eastern Gazette: steak, not sizzle.

HAPPY NATIONAL DOCTOR'S DAY

From Mayo Regional Hospital



March 30th is National Doctor's Day. We would like to take a moment and thank all of our Physicians who work tirelessly and with extraordinary dedication to heal and save lives. Thank you for your service to our community.

Lisa Stout, DO
Family Practice with OB

John Pearsall, MD
Pediatrics

Susan Luthin, MD
Family Practice

Jean Hamlin, MD
Family Practice with OB

Jessica Richmond, MD
Family Practice with OB

Henry Jao, MD
Orthopedic Surgery

Kenneth Morse, MD
Orthopedic Surgery

Craig Curtis, MD
Occupational Medicine

Ahmad Abed Elnoor, MD
Urology

Brian Miller, MD
Otolaryngology

Abhijit Shaligram, MD
General Surgery

Kshitij Kakar, MD
General Surgery

Narasimha Swamy, MD
General Surgery

James Johnson, DPM
Podiatric Surgery

Glenn Gianini, DO
Obstetrics and Gynecology

Quant Nguyen, MD
Obstetrics and Gynecology

Kyrsten Sutton, MD
Obstetrics and Gynecology

Michael Ting, MD
Obstetrics and Gynecology

Melissa Collard, MD
Obstetrics and Gynecology

Corabell Arps, MD
Child Psychiatry

Marjorie Snyder, MD
Psychiatry

David McDermott, MD
Emergency Medicine

Peter Plasse, MD
Emergency Medicine

Brad Huot, MD
Emergency Medicine

Gail Lamb, DO
Emergency Medicine

Zaher Oueida, MD
Hospitalist

Robert Maxson, MD
Hospitalist

Mitchell Ballin, MD
Hospitalist

Shyam Vadlapatla, MD
Hospitalist

Tishangi Kumar, MD
Hospitalist

Richard Evans, MD
General Surgery

David Frasz, MD
Ophthalmology

David Warner, MD
Radiology

Lesley Fernow, MD
Internal Medicine



CARING FOR COMMUNITY - Shannen Peck Rhoda (right) of Sedomocha School Organization (parent group) received a donation from Maine Highlands FCU Dover-Foxcroft employee, Melissa Cookson. The organization was chosen as a recipient of the Credit Union's Caring for Community donation on February 5. MHFCU employees from all branches pay \$3 each to dress casual twice a month. Proceeds benefit a local non-profit organization.





COACHES FOR CANCER - The Coaches vs. Cancer fundraiser took place recently in Guilford. The fundraiser helped raise about \$5,000 for the Aliza Jean Foundation. Pictured front, from left: Brian Gaur, PCHS; Dawn McLaughlin, Penquis; Russell Tracy, PCHS; Diane Stephen, Foxcroft Academy; Peter Murray, Dexter; Chad Graffam, FA; Mike Bennett, Lee Academy; Jeremy Durost, Penobscot Valley; Lisa Adkins, PCES; Andrew Richard, FA; Jamie Russell, PCHS; and Fred Lazo, Stearns. In the back row, from left are: Tyler Erickson, FA; Crystal Cail, Penquis; Erin Weston, Penquis; Rob Stevens, FA; Trey Gilbert, PCHS; Aaron Knowles, LA; Randy Harris, LA; Alden Gregory, PCHS; Erica Peterson, PCMS; Blake Smith, FA; Brian Clark, Central; and Joe Gallant, PCHS. (Julie Porter-Chase photo)

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Saturday, April 2nd ~ 9:00-1:00 PM

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HARTLAND SPRING FLING PLANNED - Red Dunphy, Gary Knowles, Judy & Cornell McEllan, Burlleigh Raven, Buzz & Kathy Vanaldestine, John Whitman and Ray Stafford, known as The Friends, will perform for the Hartland Historical Society's "Spring Fling" fundraiser 6 to 8:30 p.m., Saturday, April 9. Doors will open at the Irving Tanning Community Center (Hartland Consolidated School) at 5 p.m. Tickets are \$5 per person with all proceeds dedicated to the HHS efforts to fund cemetery restoration in the community and begin the process of finding a permanent home for HHS records and artifacts. Part of this year's fundraiser is a raffle with 10-plus prizes to be drawn that night. Raffle tickets are available in advance \$1 per ticket or 6 for \$5. See an HHS member to get yours. There will be a 50-50 raffle the night of the event. Refreshments will be on sale.

SVH Primary Care earns national recognition

PITTSFIELD - The National Committee for Quality Assurance (NCQA) announced in January that Sebasticook Valley Health Primary Care of Clinton, Newport and Pittsfield, have received NCQA Patient-Centered Medical Home (PCMH) recognition in all three locations.

SVH Primary Care received the recognition for being a model of primary care that combines teamwork and information technology at all locations, to improve care, improve patients' experience of care and reduce costs. Medical homes foster ongoing partnerships between patients and their personal providers. Each patient's care is overseen by clinician led care teams that coordinate treatment across the health care system. Research has shown that medical homes can lead to higher quality and lower costs, improving patient and provider reported experiences of care.

"NCQA Patient-Centered Medical Home Recognition raises the bar in defining high quality care by emphasizing access, health information technology and coordinated care focused on patients," said Terri Vieira, SVH President/CEO, sr vp, EMHS. "Recognition shows that SVH Family Care has the tools, systems, resources and most importantly the staff, to provide our patients with the right care, in the right place, at the right time."

To earn recognition, which is valid for three years, SVH Family Care demonstrated the ability to meet the program's key elements, embodying characteristics of the medical home. NCQA standards aligned with the joint principles of the Patient-Centered Medical Home, established with the American College of Physicians, the American Academy of Family Physicians, the American Academy of Pediatrics and the American Osteopathic Association.

Dave Berry Benefit Dinner

Date: April 2, 2016

Location: Dexter Regional High School

Time: 4:00 p.m. Doors will open @ 3:00 p.m.

Spaghetti Dinner - Silent Auction

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Art parties often bring out hidden talent

by Mike Lange

When Karylyn Lyman hosts a "Pretty in Paint" party, some of the attendees often say "I can't even paint a stick figure!"

Lyman responds: "Thank goodness. We're not painting any."

Art parties have become more popular in the Penquis region lately, not only as a leisurely activity but as a fundraiser for many nonprofit organizations.

The concept is to give people who have never picked up a paintbrush in their life an opportunity to create a memorable – and often colorful – keepsake.

The instructor furnishes the equipment and the host provides a place to conduct the classes. Nonprofits add a few dollars on to the registration fee and use the extra money for community projects.

Beth Wintle of the Dexter Parks and Recreation Committee booked Lyman last month for their first-ever art party. "We had a great time," Wintle said. "It's nice that you can take something nice home with you. Plus, we made over \$500 for the rec department."

Angel Quirk of Corinna said that the fundraiser was her third painting party "and they are so much fun. I am not an artistic person at all; and I am always pleased to see how the print turns out when it is finished."

Lyman, a Guilford native who now lives in Monson, has conducted more than 150 "Pretty in Paint" classes since last July. "During the party, we go step-by-step so that the clients have the opportunity to do it just the way I do – and that increases their confidence level," she said.

While classes are usually small enough to fit in an average-size room, Lyman taught one in Caribou last year with 209 painters. "They raised \$3,000 in two hours," she said.

Gale Robinson and her husband run a fourth-generation family farm in Dover-Foxcroft and she just started hosting painting classes last September.

Her latest ventures were a "Paint and Pub" at Pastimes Pub in Dover-Foxcroft on March 8 and a "Sip and Paint" at Leaves and Blooms Greenhouse at her family farm on March 13.

Robinson said that the popularity of the parties surprised her. "It was like a runaway train," she said. "I did the first one in our dining room with 12 people because that's all we could fit in. Now, we're putting people on waiting lists."

Robinson started oil painting in the 1980s, but eventually switched to acrylics for practical reasons. "It dries much faster," she explained. "That's important when you're showing a piece and moving it around." One of her new experimental ventures is using watercolor pencils on fabric for panels and murals. "I'm like a kid with a new toy," she said with a laugh. "But unlike some kids, I want to share."

According to the website "Good Relaxation," people often take up painting "to relax from the demanding requirements of life. They are able to free themselves from the stress that has accumulated by releasing these in the form of color and drawing. As they temporarily exit the world of fears and worries, they enter the world of fun and excitement."

And that's the whole point, Lyman said. "I love when it's time for the group photo (at the end of the class) because everyone can see how amazing they did," she said.

(Karylyn Lyman can be reached at 692-2287 and Gale Robinson at 564-7433.)



PRETTY IN PAINT – Karylyn Lyman displays a painting used in one of her "Pretty in Paint" classes. (Contributed photo)



ARTWORK – Gale Robinson shows off some of her student's artwork at her family farm in Dover-Foxcroft. (Eastern Gazette photo – Mike Lange)



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FORUM

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Why run for a seat in the Maine legislature in 2016?

To the Editor:

I'm running for the Senate District 4 seat as a Democratic candidate because I believe it will benefit the people to have differing points of view represented in state government.

I believe that we, the people, need a variety of approaches to our economic and social problems in order to find creative solutions. I firmly believe that for every problem, there is a creative solution waiting to happen, if people are willing to put their heads together to tackle what needs doing.

Our communities have suffered economic setbacks, due to the outsourcing of jobs and a changing global economy. Like many areas of the U.S., we have also experienced the national trend of increasing economic inequality.

I believe that the way back to economic growth is to strengthen policies that recognize small, sustainable businesses as the backbone of Maine's economy.

I favor policies that support Maine-owned and operated farms, forestry products, fisheries and other sustainable, environmentally sound local businesses.

I oppose trade agreements that give up citizens' rights, jobs and public health and safety to multinational corporate control.

I oppose the idea that corporations are persons under the Constitution and as such are entitled to undue influence on our government through professional lobbyists and unlimited campaign contributions.

I oppose the taking of people's land by use of eminent domain, solely for private gain. I oppose corporate projects that have no benefit for the people who are impacted by them.

We need jobs that provide fair wages while honoring our commitment to clean water and air and sustainable conservation of our natural resources and rural cultural heritage. Maine is blessed with abundant watersheds and it's a high priority to protect this vital natural resource for all life.

To support a thriving economic base, we must achieve affordable statewide access to broadband and cellular technology. I support solar as an appropriate renewable energy technology for Maine's future electricity needs and support programs to promote energy-efficient buildings and transportation systems.

A strong public education system is essential for our prosperity. I support a balanced state budget that doesn't load regressive property taxes onto local communities and meets the state's commitments to 5 percent revenue sharing and 55 percent educational funding. Quality education and training of our young people is crucial for our children's future. Strong public education and support of educators should be a high priority for state government.

For retirees, we need to strengthen the Social Security and pension security systems to ensure that Mainers can retire with adequate income to meet their needs. We need to ensure access to affordable, quality health care, especially in rural areas.

I am dedicated to support policies that recognize the inalienable rights of citizens, including responsible gun ownership as guaranteed by the 2nd Amendment, equal rights under the law for all citizens, honoring our commitment to Maine veterans and their families and enforcement of the Americans with Disabilities Act.

Carole Boothroyd
Dover-Foxcroft

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OBITUARIES

TERESA "TESSA" L. CLUKEY

DEXTER - Teresa "Tessa" L. Clukey, 61, passed away unexpectedly March 17, 2016 at St. Joseph Hospital in Bangor. She was born September 4, 1964 in Nashua, NH, the daughter of Paul and Linda (Tovne) Rosebush. She graduated from Dexter Regional High School, Class of 1982. She is survived by her parents, Linda Lessard of Dexter and Paul Rosebush of Jonesboro; her husband, Donald Clukey of Dexter; a daughter, Abby Clukey of Dexter; a stepson, Nicholas Clukey of Hampden. She was predeceased by her stepfather, Darrel Lessard. Visiting hours scheduled for Friday, March 25th at Crosby & Neal Funeral Home, have been cancelled due to an illness in the family. A spring graveside committal will be held at Mt. Pleasant Cemetery, Dexter. In lieu of flowers, memorial donations may be made to the Dexter Historical Society, PO Box 481, Dexter, ME 04930. Those who wish may leave written tributes at www.CrosbyNeal.com



Teresa L. Clukey

WINONA P. BUSSELL

HARMONY - Winona P. Bussell, 88, died peacefully on Friday, March 18, 2016, in Skowhegan. She was born on October 8, 1927, in Wellington, Maine, the daughter of the late Earl and Fannie (Huff) Trafton. She attended the local schools in both Wellington and Harmony. She worked for several years at the local manufacturing factories in Harmony and Dexter. Winona, known to many as Gram and Aunt Nonie, was a kind woman who always took care of others before herself. Her most enjoyed times were spent with her family. She loved being surrounded by her grandchildren and great grandchildren. She enjoyed working in her garden growing both vegetables and flowers, tending to her chickens and watching her three cats play. She was fond of sewing, knitting mittens and making quilts for her family. She loved cooking and baking fresh biscuits was almost a daily habit of hers. Being outdoors on warm days and reading her Bible were also a few of her favorite things. Gram could never say no to a dessert, homemade chocolate ice cream and apple pie were just a couple of the many sweets that she loved. She was a long time member of the Wellington Baptist Church. She is survived by her daughter, Wanda Gould of Harmony; her son, Dale Bussell and companion, Susan Marshall, of Harmony; three grandchildren, Brad Bussell and wife, Brandy, of Harmony, Pamela Wright and husband, Adam, of Greene and Daniel Bussell of Sprague, Connecticut; four great grandchildren, Bree, Brody, Spencer and Julia; brother, Burlin Trafton of Harmony; sister, Elaine Hayden and husband, Donald, of Harmony; and many nieces and nephews. She was predeceased by her parents; her husband, Elwin Bussell; and a brother, Hollis Trafton. The family will receive friends from 2-4 p.m., Saturday, March 26, 2016, at the Shorey-Nichols Funeral Home, 191 Hartland Avenue, Pittsfield. A spring committal will be held at 2 p.m., May 14, 2016, at the Libby Cemetery, Harmony, Maine. Should friends desire, memorial contributions may be made to the Harmony Ambulance Service, 37 North Road, Harmony, ME 04942, in Winona's memory. To leave a message of kindness or share a memory, please visit www.shoreynichols.com. Care has been provided by Shorey-Nichols Funeral Home, 191 Hartland Avenue, Pittsfield.



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Two weekends of Maine maple celebrations coming up

by Mike Lange
DOVER-FOXCROFT — Bob Moore may raise a few eyebrows when he tells people that he's been making maple syrup for 67 years. "I started when I was 10, and I'm 77 now," he said with a grin.

With 6,000 trees tapped this year and more being added in 2017, Moore is a major player in Maine's maple syrup industry, which often operates at the mercy of the state's erratic weather.

"We were tapping on March 9 this year," Moore said. "Last year, we never started until the first week of April. But this year has been a strange one. On days when you think the sap isn't going to run well, it does — and vice-versa."

In any case, Bob's Sugarhouse on East Main Street in Dover-Foxcroft will be one of many producers observing Maine Maple Sunday this year with a slight modification.

Although the celebration is traditionally held on the fourth Sunday in March, this time it coincides with Easter Sunday. "We're going to hold our open house this Friday and Saturday (March 25-26) and another one on April 2-3. We'll be closed Easter Sunday," he said.

Bob's Sugarhouse will have sugaring demonstrations, many free samples of maple products, door prizes, "sugar on snow," maple butter, maple whoopie pies, balloons and fun for kids.

The Easter holiday also prompted the Dover-Foxcroft Shiretown Homecoming Committee to move its Maine Maple Sunday Pancake Breakfast to April 3 at Foxcroft Academy from 7-10 a.m. "We're expecting a big turnout this year," Moore said. "Last year, the weather was horrendous. It was almost raining sideways. But we still had a good crowd."

Pancake breakfast chairman

Will Wedge agreed. "We served 860 meals last year, which was amazing considering the weather," he said. "It was also our first year at Foxcroft Academy, and that made a huge difference."

The Maine Maple Sunday Pancake Breakfast was held at the Dover-Foxcroft fire station for over 30 years, but simply outgrew the space, Wedge said. "Foxcroft Academy and (head of school) Arnold Shorey really stepped up to the plate for us," he said.

Wedge said that the annual breakfast is "far more than just eating pancakes, French toast, bacon and sausage. It's a time to reconnect with your friends and family. At the fire station, you felt like you had to leave right after you finished your meal to make room for someone else. At the academy, there's plenty of room so you can sit and socialize for a while."

Wedge said that some of the "celebrity servers" on hand this year include Dover-Foxcroft Town Manager Jack Chukey, Police Chief Dennis Dyer, State Sen. Paul Davis, State Rep. Norman Higgins and Fox 22 newscaster J.R. Mitchell.

He also noted that Bob's Sugarhouse donates \$700 worth of syrup to the pancake breakfast every year. "Without his help, we'd never be this successful," Wedge added.

Maple syrup processing is lengthy and labor-intensive but newer technology has made it a lot easier, Moore said. Normally, it takes 43 gallons of sap to make one gallon of maple syrup. But Bob's Sugarhouse uses a reverse osmosis (RO) machine that removes moisture from the sap before it enters the evaporator pan. "That cuts it down to 10 and three-quarters of a gallon of sap needed to make a gallon of syrup," Moore explained.

According to the Maine Maple Producers Association, one large tree may pour out "as much as 60 gallons of sap without suffering any injury. Once it flows from the tree, the sap must be processed within a few hours or it will spoil, so syrup makers work round the clock once the spring run has started."

A 2014 UMaine study showed that Maine's maple industry — which counts the licensed producers and sales at retail food stores and businesses impacted by Maine Maple Sunday — "generates an annual direct contribution to the state's economy of an estimated \$27.7 million in output, 567 full- and part-time jobs and \$17.3 million in labor income."

Here are some other area producers observing Maine Maple Sunday:

Baker's Maple Syrup, 26 North Rd., Shirley
Sunday, April 3, 11 a.m. — 4 p.m.

Closed Easter
Email: bakersmaple@gmail.com
Phone: 695-2460

Maine Highlands Sugarworks, 269 Williamsburg Rd., Williamsburg Township
Sunday, March 27, 8 a.m. — 3 p.m.

Email: mainehighlandssugarworks@gmail.com
Phone: 943-6072

Cider Hill Maple Farm, 247 Cider Hill Rd., Exeter
Sunday, March 27, 9 a.m. — 5 p.m.

Email: ciderhillmaple@yahoo.com
Phone: 379-4426 or 270-2130

G & M Maple Products, 745 Main Rd., Charleston
Saturday, March 26; Sunday, March 27, 9 a.m. — 3 p.m. both days

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For more information, visit the Maple Sunday Breakfast Facebook page and www.mainemapleproducers.com.



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BOILING POINT — Bob Moore watches over the evaporator at his Dover-Foxcroft sugarhouse. (Eastern Gazette photo — Mike Lange)

**Katahdin Valley Health Center's
Fifth Annual
Casey White Memorial Scholarship
Now Accepting Applications**

The Katahdin Valley Health Center Casey White Memorial scholarship was established in 2012 in memory of V. Casey White. Casey had returned to college after many years in the workforce to pursue a career in Health Care and ultimately obtain his licensure as a Family Nurse Practitioner. Once Casey became an FNP, he practiced for over 30 years providing health care to the people in the Houlton area region. After his untimely passing in February of 2012, Katahdin Valley Health Center chose to honor Casey's memory by creating a scholarship.

The scholarship is for individuals with a commitment like Casey's to pursue higher education while being a member of the workforce, a non-traditional student and well after high school.

Applications can be found at www.kvhc.org. Applications will be accepted until April 15, 2016. For more information or to have an application emailed to you, contact cwscholarship@kvhc.org.



JD FOUNDATION RECEIVES DONATION - Victor Marin of the JD Foundation received a donation from Maine Highlands FCU Guilford employee, Debbie Cross. The organization was chosen as a recipient of the Credit Union's Caring for Community donation on March 4th. MHFCU employees from all branches pay \$3 each to dress casual twice a month. Proceeds benefit a local non-profit organization.

Young inventors show their best work at PCSS expo

by Mike Lange
GUILFORD – Sweeping is normally a boring task. So why not make it fun by attaching a broom to a Hoverboard and scoot across the floor? Shirts only have two pockets to carry thermal warmers, but your whole body might be chilled in

the winter. So how about adding several more pockets? These and more than two dozen other creations were on display at Piscataquis Community Junior High School's 4th Annual Inventor's Fair held last week in the school cafeteria.

The competition was open to all junior high school students and the best entries will advance to the Invention Convention at the University of Maine on May 21. "The students not only have to build their invention, but explain the procedure and document all the steps," said science teacher Trish Moulton. "I've set everything up myself in past years, but we have four other teachers involved this time."

Moulton noted that some students even made up "commercials" for their products on an iPad.

One of them was the Hover Sweeper, invented by Gemyni True. "I don't think anybody really likes to sweep," she said. "But this way, it's a lot of fun."

She simply attached a broom

to a Hoverboard with cable ties, adjusted the angle of the broom head and took off across the floor. Zack Priest felt that cracking eggs was a pretty sloppy task, especially for youngsters with small hands. So he built a wooden egg-cracker. "I worked on it for two days," he said. "There are a lot of moving parts to it, even though it looks simple."

Trey Rogers said that his grandfather is on dialysis, and sometimes the sidewalk is front of his house isn't shoveled. So Trey cut a small PVC pipe in half and attached it to the front of a sneaker, making a miniature snowplow. "So you walk along and just push the snow out of the way," he said. "I'm still working

on making it go side-to-side." Olivia Riitano recalled a few times when there were leftovers from a family meal, but no room in the refrigerator to store them. "So I fixed up a crock pot to keep things cool as well as warm," she said.

Seventh-grade Invention Fair winners were Cole Desjardins (Free Energy Generator), Ted Taylor (4 Season Sled) and Colby Chadwick (Pitch Return).

Eighth-grade winners were Noah Larry (Weedwacker Battery Charger), Madelynn Crosby (The Easy Remote), Zachary Priest (Egg Cracker), Cameron Kendall (Swirly Twirly Cup) and Macee Pearl (Sticky Ninja Base).



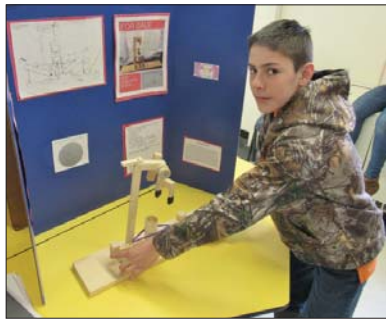
THERMAL SHIRT – Sean Leland invented the Thermal Shirt with several pockets to hold heating elements. (Eastern Gazette photo – Mike Lange)



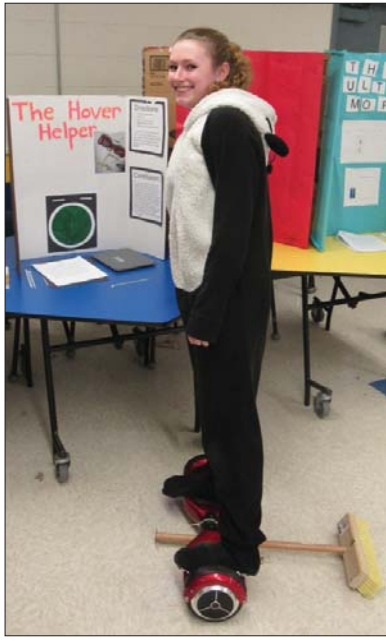
SNOWPLOW SHOES – Trey Rogers shows off his shoe-mounted snowplows made from PVC pipe. (Eastern Gazette photo – Mike Lange)



COOLING OFF – Olivia Riitano made a prototype of a crock pot modification that keeps food warm or cold. (Eastern Gazette photo – Mike Lange)



CRACKING UP – It took Zach Priest quite a while to build his egg cracker due to the number of moving parts. (Eastern Gazette photo – Mike Lange)



HOVER HELPER – The Hover Helper puts some fun into the chore of sweeping, according to inventor Gemyni True. (Eastern Gazette photo – Mike Lange)



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Renewal by Andersen, a high growth replacement window subsidiary of Andersen Corporation, is seeking candidates for a Sales Representative opportunity with in our Central Maine sales team.

You will present our product in a consultative sales process at prearranged appointments and build relationships through instilling confidence, sharing information, and meeting commitments to our customers.

- The ideal candidate will possess:
- 2 years of customer service and sales experience (in-home sales preferred; home improvement sales strongly preferred)
 - Proven sales record
 - Strong written and verbal skills
 - Time and work process management skills
 - Customer orientation
 - Results orientation

A valid driver's license and a Bachelor's degree or an equivalent combination of education and experience is also required.

Our homeowners value integrity and quality. If you share these values and your goal is to use your talents to lead sales growth while insuring customer delight, we want to hear from you!

We provide an aggressive compensation plan. Please forward your resume with salary history to:

Attn: Human Resources
118 Moosehead Trail Suite 2
Newport, ME 04953
troy@rbaofgreatermaine.com

Renewal by Andersen is an Equal Opportunity Employer

TOWN OF RIPLEY

The town of Ripley has openings for

Town Clerk - 14 hrs. per week. Tax Collector and Excise Tax Collector - 13 hrs. per week. Please call 277-4871 for more information.

JOB OPPORTUNITY
ASSISTANT MANAGER

Mountains Market in Dover-Foxcroft is looking for an experienced Assistant Manager. Position is full-time, afternoon and evening shifts. Knowledge of food prep helpful. Please call (207) 564-2814 for an interview, or send resume to Mountains Market, 914 West Main Street, Dover-Foxcroft ME 04426.

Downeast Horizon's
Children's Workers Needed

Join a growing team who are making a difference in the lives of children with Autism & Cognitive Disabilities in community and group settings.

Immediate need in the Dover-Foxcroft and surrounding area. Up to a \$15 per hr starting wage, paid training, mileage reimbursement.

Up to a \$250 sign-on bonus.

For more information call 1-855-894-3599.
To apply, please visit our website at: www.dchi.org
E.O.E

CHARLOTTE WHITE CENTER
NEW OPENINGS! - Paid Training Provided

Staff needed to work with adults in our behavioral health and developmental disabilities residential programs located in: Abbot, Dexter, Dover-Foxcroft, and Corinth. Immediate openings for weekend Live-in positions Saturday through Sunday, as well as evenings and overnights. Must have a HS diploma or equivalent and a valid ME driver's license in good standing.

Please apply online: www.charlottewhitecenter.org
E.O.E.

HELP WANTED
Concrete Mixer Driver

Haley Construction, Inc. is now accepting applications for concrete mixer drivers at our following locations:

Sangerville Plant • Harland Plant • Farmington Plant

All applications must have a current Maine CDL license and clean driving record. Haley Construction, Inc. offers a competitive wage and benefit package.

Applications are available online haleyconstructioninc.com or at 165 Main Street, Sangerville ME 04479 or Route 4, Farmington, ME 04938
207-876-4412



Haley Construction Inc. is an Equal Opportunity Employer

COLLECTIBLES

ANNUAL SPRING COIN SHOW
Sunday, April 3 at the Black Bear
Inn, 4 Godfrey Drive, Orono. Exit
193 I-95. 9AM - 3PM.

WANTED

BUYING SALVAGE Vehicles.
Call Mert anytime at 924-7933 or
717-3939.

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stoves. Call Terri, 951-4052.

Have a position to fill?

USE

**The Eastern Gazette
Help Wanted**
ads@easterngazette.com

1-800-287-2295

CHARLOTTE WHITE CENTER

Immediate Openings

Providing in-home and community supports to assist children with special needs in learning life skills.

PT positions available in Dexter, Milo, Dover-Foxcroft and surrounding areas. Valid ME Driver's License, insured reliable transportation & HS diploma or equivalent required.

For more information visit: www.charlottewhitecenter.org

E.O.E.

**HELP WANTED
Production Foreman**

Redi-Rock of Central Maine, a Division of Haley Construction, Inc. is seeking a self motivated individual to oversee the precast production and shipping of our Redi-Rock and Redi-Scapes retaining wall product lines. The qualified candidate must be able to maintain our quality and production standards, oversee work with the production team and work to improve operational efficiency. Previous knowledge and experience with concrete is preferred, but extensive training will be provided to the most qualified candidate if not proficient.

Redi-Rock of Central Maine offers a competitive wage and benefits package and is an Equal Opportunity Employer

Applications are available at: www.haleyconstructioninc.com
207-876-4002 or REDI-ROCK OF CENTRAL MAINE
P.O. Box 339, Sangerville, Maine 04479

TOWN OF GARLAND

2 - OFFICE OPENINGS

We are seeking 2 part-time positions- 1 office assistant to fill 15 - 20 hours a week and 1 Town Clerk/Tax Collector to fill 25 hrs/4 days a week.

We are looking for an individual who has previous municipal experience specifically in motor vehicles and vital statistics. Individual must be detail orientated, possess computer and typing skills; phone skills; and have great customer service skills. Individual must be able to be bonded. Resume, Town of Garland application & professional references **required**. Call or email for more information. Equal Opportunity Employer.

Office hours: T/Th/Fr 10 - 4:30; W 10 - 6. Application will close when suitable candidate is found.

SIGN ON BONUS!

Are you looking for a rewarding career that offers an excellent benefit package, home and work life balance, and generous amounts of time off?

Katahdin Valley Health Center offers all of this and more as we search for:

General Dentists

Brownville/Millinocket and Houlton Clinics.

We are seeking Dentists who will help us provide quality dental health services to the people in the Brownville, Millinocket and Houlton regions. We offer state of the art facilities and technology, a competitive salary and benefits package which includes a sign on bonus, generous amounts of paid time off, health insurance, life and disability insurance, 401K match and much more.

Visit www.kvhc.org for more about these positions. You can also contact Michelle LeFay at 207-528-2285 or mlefay@kvhc.org with questions or to submit a resume.

KVHC is a National Health Service Corps Loan Repayment Site and An Equal Opportunity Employer.



Lupo Construction, Inc.

is accepting applications for

**EXPERIENCED
HEAVY EQUIPMENT
OPERATOR**

CDL mandatory, utility experience and knowledge of grades helpful. Travel required.

Non-smoking, drug free employer.

Apply at Route 2, Etna Office
8 am - 1 pm, Monday - Friday



Katahdin Valley Health Center

Full Time Opening

Eligibility Assistant

Katahdin Valley Health Center (KVHC), is now hiring for a full-time Eligibility Assistant for our Brownville location. The Eligibility Assistant will work cooperatively with KVHC patients in the endeavor to increase the number of patients who have access to health care. The person in this role will assist patients in applying for insurances, coverage and other resources. The Eligibility Assistant will conduct outreach, marketing and education to better inform patients of choices of coverage and how their plan works.

Minimum Qualifications Required: High school diploma or equivalent required. Excellent customer/patient service skills, experience in an office setting, proficiency in Microsoft Office products, as well as the ability to work in a busy health care setting. Previous experience in a healthcare office setting a plus. Must also possess valid driver's license and reliable means of transportation, with ability to travel to all KVHC sites as needed.

KVHC Applications may be downloaded and printed from www.kvhc.org. To request an application be mailed to you, please contact your local KVHC office. Qualified candidates should complete a KVHC application and submit to the address on the right, or email to mlefay@kvhc.org.

Katahdin Valley Health Center
ATTN: Human Resources
P.O. Box 500
Patten, ME 04765

Katahdin Valley Health Center is an Equal Opportunity Employer

**Looking for local work?
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We are Currently Seeking:

Entry level and experienced personnel to join the team working for Manpower at JSI Store Fixtures!

- Assemblers/Carpenters/Builders
- Finishers/Painters/Sanders
- Material Handlers & Shipping Clerks

Positions available on multiple shifts!
Starting wage of \$9/hour plus differential for off shifts



We're making it easier than ever to apply AND interview with **TWO** Convenient Options!

Wednesday 3/30 at the Milo Town Office
6 Pleasant St. Milo, starting at 9am

Friday 4/1 at the Dover-Foxcroft Town Office
48 Morton Ave. Dover, starting at 10am

Appointments Preferred! Walk-ins Welcome!

Call Manpower to schedule your slot.
207-942-6178 or 1-800-539-6178

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Dexter, ME 04930
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Elderly applicants must be 62 years of age or older.
Handicapped/disabled applicants may be under 62.

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TTY 711 / 800-437-1220



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4 Stetson Road, Corinna
Antique Business with two apartments for additional income. Many updates throughout, attached barn, carriage house and 1+ acre lot all located at the highly visible intersections of Rt. 7, 11, 43 & 222. Asking \$98,500.00

More information on Zillow.com, Trulia.com or Facebook.
207-416-3007

NOTICES

2 Corinthians 5:21 God made Christ, who never sinned, to be the offering for our sins, so that we could be made right with God through Christ. New Beginnings Bible Church, Silvers Mills Road, Dexter/Sunday School 9:30 am, Church 10:30.

ALCOHOLICS

ANONYMOUS

SUNDAY

DOVER-FOXCROFT - 11 a.m.
Dover-Foxcroft Group @ Library
Rt. 15 - D/O

MAINE PROPERTIES REALTY



Featured Property
Dexter 3ac \$33,900

Commercial or residential this lot has a gravel pad and close to the lake. Corner lot for great visibility and access. Lot fronts on Route 23 the North Dexter Road and the Cambridge Road. Nice commercial location for a business, or for a home. Owner financing to qualified buyers.

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1241895 Auburn: 3 bedrooms, 2 1/2 baths, three car garage, farm pond, garden shed. Extra large kitchen, some hardwood floors, two fireplaces, recent roof and beautiful family room over garage. This home has all the extra touches both inside and out, making it one of the better homes in the area. \$249,000



1209767 Dover-Foxcroft: Well maintained 4-bd-room, 2 bath home with two-car attached garage on 12.5 acres. Property includes 70lb 48 of wood heated garage with 14' overhead door. Central air system, generator, two storage buildings, fireplace. \$169,900



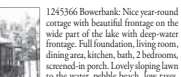
1255127 Charleston: Ranch home on 5 ac, 2 car garage, wheated workshop, den-sunroom, lg LR w/brick hearth & woodstove, kitchen, 2 bdrm & bath plus additional bdrm & bath in the daylight walkout basement. Oil HWB, wood stove & sun on an elevated private lot. \$129,000



1238573 Sebec: Farmhouse on 21 ac with sloping fields & meadows. 1 1/2 original DR, LR w/ fireplace, builer's doors to parlor, spacious hall, 4 bdrm & 2 full baths. Wide pine floors, lots of sunlight, high ceilings, built-in bar & level of space. 60x80 hot tub room for postures or gardening. \$205,000



1245366 Bowdoin: Nice year-round cottage with beautiful frontage on the wide part of the lake with deep-water frontage. Full foundation, living room, dining area, kitchen, bath, 2 bedrooms, screened-in porch. Lovely sloping lawn to the water, pebble beach, low taxes. \$199,000



1245366 Bowdoin: Nice year-round cottage with beautiful frontage on the wide part of the lake with deep-water frontage. Full foundation, living room, dining area, kitchen, bath, 2 bedrooms, screened-in porch. Lovely sloping lawn to the water, pebble beach, low taxes. \$199,000

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Deb Chapman 207-717-4950
c21deb@myfairpoint.net



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PERFECT FOR YOU TWO: This easy-to-care-for-home would be ideal for a young working couple or a pair of active seniors. The open floor plan features a living/dining/kitchen area, bedroom, big bathroom/laundry, mudroom and loft. The detached barn/garage has room for two vehicles, plus an ATV and a snowmobile, and plenty of storage area, too. AND 25 mostly wooded acres. #1233 \$115,000

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MLS#: 1232730 Milo Well maintained cape on an in-town lot. Remodeled kitchen with granite counters, big island in the middle, opens to a family/dining room that walks out onto the deck. Large glassed in front porch & 2 fireplaces. Big 3 car detached garage with overhead storage & a sunroom attached. Move in ready. \$85,000



MLS#: 1107444 Brownville Nice old farmhouse on landscaped 1/2 acre lot in Brownville. Eat-in kitchen, dining room with built-in dining room, 3 bedrooms and 1 1/4 baths. Attached shed & barn allow for much storage. Replacement windows and all new wiring in 2012. \$33,900



MLS#: 1249101 Dover-Foxcroft Ranch style home completely remodeled in the early 2000's. Sunny kitchen w/white built-in cabinets, kitchen island, pantry, large living room w/hardwood floors, prep area, fireplace, master bedroom and bathroom w/jet tub. Attached over size 2 car garage. Distinct views. \$169,000



MLS#: 1252171 Brownville Enjoy the peace & quiet of Schoodic Lake. Use as your year round home or a vacation home. This two bed-room home with a great sunroom on the second level is a great place to relax, see the mountain, lake & watch for wildlife. Extra acreage is also available all surveyed & soil tested. \$159,900



MLS#: 1254032 Greenville Twp Three bed-room home that has all been remodeled inside. New wall, insulation and wiring all updated in 2005. Just a short drive to Bangor. \$60,000



MLS#: 1252286 Milo Remodeled house with 3-4 bedrooms, replacement windows, additional insulation, vinyl siding, metal roof. Nice large sunny eat-in kitchen, 2 car attached garage with private large back yard. \$75,000

District Referendum

All citizens of Maine School Administrative District No. 46 are invited to participate in the Referendum Vote regarding a bond for a roof renovation/improvement project at Dexter Regional High School to be held on Tuesday, April 12, 2016, at:

Dexter	10:00 a.m. to 6:00 p.m.	Dexter Town Hall
Exeter	10:00 a.m. to 6:00 p.m.	Dexter Town Office
Garland	8:00 a.m. to 5:00 p.m.	Garland Town Office
Ripley	10:00 a.m. to 6:00 p.m.	Center Memorial School

All legally registered voters in Dexter, Exeter, Garland and Ripley can vote on the District Referendum.

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www.cbmatson.com
1-800-244-2297

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TOWN OF RIPLEY

The Ripley assessors will meet
Monday, April 4 from 6 - 8 p.m. at the
Town Office (Coursier Memorial School)
for any tax payer to make changes
to their property tax.

**TOWN OF LAGRANGE
CONTRACT BID**

The Town of LaGrange is now accepting bids for a 3-year
winter roads maintenance contract. Specifications and
Bid Proposals are available at the Town Office. TUES/
WEDS 3:00 - 7:00PM or call 943-2085. The Town
reserves the right to reject and or accept any and all bids.
Deadline for this bid will be March 30th 2016. Bids will
be opened at 6:30 pm.

Town of Wellington

Yearly Town Meeting
Saturday, March 26, 2016, 10 AM
at the Wellington Town Office
Board of Selectmen

**MSAD #46
Pre-K and Kindergarten Registration
For children from the
Towns of Dexter, Exeter, Garland, and Ripley**

Pre-K and Kindergarten Registration for the 2016-2017
school year will be held BY APPOINTMENT ONLY at Ridge View
Community School in Dexter on the following dates:

Kindergarten Registration:
Wednesday, April 6, 2016, child must be present

Pre-K Registration:
Wednesday, April 13, 2016, child does not need to be present

Please call 924-6000 opt. #1 for an appointment.
Child must be registered by a parent or legal guardian.

Required at Registration:

- **Legal copy of birth certificate** which may be obtained from the town office of the town/city you lived in when the child was born or at the town office of the town/city of the hospital the child was born in. A hospital birth certificate is no longer acceptable.
- **Child's Immunization Record**
- **Proof of Residency** - A current document with your name and current address on it, i.e. driver's license, tax bill, rental lease, utility bill, etc.
- **Custody Papers** - A copy is needed if parents have been through the legal system for custody. The parent registering must have primary residency of the child.

Date of Birth Deadlines:
Pre-K - child must be 4 years of age on or before October 15, 2016.
Kindergarten - child must be 5 years of age on or before October 15, 2016.

Apartments

1&2 bedroom apts.
Eastville Village
Newport
Ask about Rental Assistance

NOTE: Must meet certain income guidelines.

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**SAD #46
Dexter - Exeter - Garland - Ripley
Public Hearing**

All residents of SAD #46 are invited
to a SAD #46 Public Hearing
to be held at
Ridge View Community School on
Tuesday, April 5, 2016, at 6:00 p.m.
regarding a bond for a roof
renovation/improvement project
at Dexter Regional High School

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ANYDAY
 SUNDAY

HARTLAND - 7 pm Graceland
 UM church - O/D

MONDAY

MILO - 7 p.m. Milo Discussion
 Group @ Methodist Church, Park
 St. - SP/D/O

NEWPORT - 7 p.m. Methodist
 Church, Main St. - O/D/A

TUESDAY

DEXTER - 7 p.m. Dexter Tuesday
 Night Group @ First Free Baptist
 Church, Spring Street - D

SANGERVILLE - Women's AA
 Discovery Group 12&12 @ Uni-
 tarian Universalist Church, 5:30-
 6:30pm

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